

COMMON ALLERGENS AND VEGETARIAN STATUS

FLAMES ON GRILL

✓
Trace

= The food item does contain the allergen listed / is Vegetarian
= Product is made in a plant or using equipment that also processes the 'trace' ingredient.

ALLERGEN	EGG	DAIRY/MILK	PEANUT	TREE NUTS*	SESAME	SOY	WHEAT & CEREAL	GLUTEN	FISH & SHELLFISH	VEGETARIAN	LUPINS	SULPHITES
BUNS												
Burger Bun		Trace			✓	✓	✓	✓		✓		
Gluten Free Buns										✓		
PROTEINS												
Angus Ground Beef												
Naked Chicken Tenderloins												
Crispy Chicken Tenders		✓				✓	✓	✓				
Chicken Nuggets					Trace	✓	✓	✓				
Halloumi		✓								✓		
Vegetable Patty							✓	✓		✓		
Plant Based Patty						✓				✓		
EXTRAS												
Avocado										✓		
Bacon												
Camembert		✓								✓		
Caramelized Onions										✓		✓
Cheddar Cheese		✓										
Dill Pickle										✓		
Free Farmed Egg	✓									✓		
Halloumi		✓								✓		
Jalapeno										✓		
Onion Rings		✓			✓		✓	✓		✓		
Pineapple										✓		
Parmesan Cheese		✓										

*Tree Nuts include almond, cashew, pistachio, pine-nut, brazil nut, hazelnut, peanuts etc.

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SAUCES

BBQ Sauce			Trace							✓		
Beetroot										✓		
Blue Cheese Mayo	✓	✓				✓				✓		
Coriander Lime Mayo	✓					✓				✓		
Cranberry Sauce										✓		
Garlic Mayo	✓					✓				✓		
Spicy Satay			✓							✓		
Mayo	✓					✓				✓		
Mustard			Trace							✓		
Tomato Relish										✓		✓
Tomato Ketchup										✓		
Sriracha Sauce										✓		✓
Vegan Mayo										✓		

SALAD

Lettuce										✓		
Tomato										✓		
Onion										✓		

SIDES

Potato Fries								Trace		✓		
Sweet Potato Wedges								Trace		✓		
Chicken Nuggets		May Contain										
Crispy Chicken Tenders		✓				✓	✓	✓		✓		
Curly Fries		Trace				✓	✓	Trace		✓		
Onion Rings		✓			✓	✓	✓	✓		✓		
Potato Roastie Patty							✓	✓		✓		

DRINKS

Flavoured Shakes		✓								✓		
Smoothies		✓								✓		✓
Real Shakes (excl Chocolate)		✓								✓		
Chocolate Real Shake		✓								✓		✓
Bottled Drinks										✓		